

**AMBERTON UNIVERSITY**  
**e-COURSE SYLLABUS**

**CSL6780.E1 Professional Counseling**  
**Fall 2019**

**PROFESSOR INFORMATION:**

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**COURSE INFORMATION:**

CSL6780.E1 Professional Counseling  
Level: Graduate  
Beginning Date of Session: Saturday, September 14, 2019  
Ending Date of Session: Thursday, November 21, 2019  
**Student access available to the Student Portal: Saturday, September 14, 2019.**

*Students enrolled in distance learning courses are not assessed any additional fees for security or identity verification.*

**COURSE PREREQUISITES:**

None

**TEXTBOOK(S) AND REQUIRED MATERIALS:**

Title: The World of the Counselor: An Introduction to the Counseling Profession  
Author: Edward Neukrug  
Publisher: Cengage Publishing Company  
Year Published: 2016  
Edition: 5<sup>th</sup> Edition  
ISBN: 10: 1305087291 or 13: 1305087293  
Price: Available at <http://amberton.ecampus.com>

Amberton University has an agreement with eCampus.com to provide a full-service online bookstore to students. The Amberton University Virtual Bookstore is accessible through the University's website, [www.Amberton.edu](http://www.Amberton.edu). There is also a bookstore link in the Student Portal.

The AU Virtual Bookstore provides an easy to use interface, online buyback of books, and same day shipment of most titles with an average delivery time of 2-3 days depending on the student's location. Textbook options include new, used, rental, and electronic media as available.

Since no books are sold on campus, students should plan accordingly and purchase their books in advance of the first day of class, allowing time for shipping. Be certain you are enrolled in the course before purchasing your book(s). All textbook information (Title, Author, ISBN, etc.) is available in the course syllabi so students can shop competitively. Most textbooks can be purchased from many different textbook vendors. Some textbooks may only be available on the University's Virtual Bookstore. Students should be careful to obtain the exact resource(s) required for the course.

**APA Requirement**

APA (American Psychological Association) style is most commonly used to cite sources within the social sciences. This resource, revised according to the 6<sup>th</sup> edition, second printing of the APA manual, offers examples for the general format of APA research papers, in-text citations, endnotes/footnotes, and the reference page. For more information, please consult the *Publication Manual of the American Psychological*

Association, (6<sup>th</sup> ed., 2<sup>nd</sup> printing). All coursework at Amberton University will comply with the standards contained in the APA Publication Manual.

### **COURSE COMPETENCIES:**

The following represents the course competencies for this class. Competencies are equivalent for all lecture and distance learning courses. Following each competency is the assignment used to gain mastery of this area of study.

The course presents an introduction and overview of the counseling profession. A variety of areas are explored including professional orientation, the helping relationship, theories and skills, systems theory, group work, consultation and supervision, lifespan development, abnormal development, diagnosis, career development, research and appraisal, agency counseling, and school counseling. Multicultural aspects of counseling are stressed as well as ethical, professional, and legal issues. Emphasis will be placed on student development of personal philosophy of counseling and theoretical orientation.

### **UPON COMPLETION OF THE COURSE, THE STUDENT WILL BE COMPETENT IN:**

1. Discussing the historical development of the counseling profession.
2. Examining the contributions of each theory of counseling.
3. Identifying issues and trends in the field of counseling.
4. Understanding personality development from a lifespan perspective.
5. Demonstrating an awareness of personal motivation and goals for entering the counseling profession.
6. Interpreting graduate level research studies.
7. Using APA standards effectively with all course assignments.
8. Describing and analyzing the ethical, professional and legal issues in the counseling profession.
9. Defining the roles and functions of school, agency, and mental health counselors.
10. Distinguishing between counseling, guidance, and psychotherapy.
11. Analyzing the contemporary models of counseling assessment.
12. Examining the history of career development and vocational guidance.
13. Identifying the major theoretical frameworks for group work.
14. Understanding abnormal psychology reflective of the DSM-V.
15. Explaining the historical trends and major theories associated with marriage and family therapy.
16. Defining consultation and supervision as related to the counseling profession.
17. Evaluating the aspects of counseling from a multicultural perspective.
18. Understanding the referral/advocacy/triage related to the counseling profession.
19. Defining and understanding crisis intervention in the helping professions.
20. Examining the differences between crisis and psychotherapy.
21. Developing personal philosophy of counseling.

### **COURSE POLICIES:**

All assignments will be submitted by the due date listed in the Moodle Calendar. Assignments that are turned in late will automatically lose a letter grade. No late assignments will be accepted after seven (7) days. This is a graduate level course. Graduate level work and professionalism will be expected at all times.

#### ***Student's Responsibilities***

This syllabus contains information, policies and procedures for a specific course. By enrolling, the student agrees to read, understand and abide by the policies, rules, regulations, and ethical standards of Amberton University as contained in the current university catalog and schedule of classes.

#### ***Attendance Policy:***

Regular and punctual class attendance is expected at Amberton University. In case of absence, it is the student's responsibility to contact the professor as soon as possible. If a student intends on withdrawing from a course, it is the student's responsibility to follow the university's policy on formally withdrawing from a course. Ceasing to attend does not constitute official withdrawal.

Attendance in a Distance Learning course is defined as any submission to Moodle within the enrollment dates of the course, any required submissions outside of Moodle within the enrollment dates of the course, or initiating any communication with your professor regarding an academic assignment. A student in a Distance Learning course is required to actively participate in the course and submit course assignments timely as described in the course syllabus. A student not meeting these requirements may be dropped at the discretion of the professor and Amberton administration.

**Plagiarism Policy**

Plagiarism is using another person’s work as your own. Plagiarism is a violation of the University’s code of student ethical conduct and is one that is taken seriously. Amberton University operated on an honor system, and honesty and integrity are essential characteristics of all who are associated with the institution. All Amberton University students are expected to abide by the honor system and maintain academic integrity in all of their work. Amberton University and its instructors monitor student work for plagiarism and reserve the right to submit such work to technology-based anti-plagiarism services and applications at any time.

**COURSE OUTLINE AND CALENDAR:**

The course will include weekly assignments of questions and discussions that are due on Thursdays of the week they are assigned. See Moodle Page for questions/discussion instructions as well as due dates. There will be a Personal Reflection Paper (due Week 6) and an Interview with a Professional Counselor (due Week 8). Both papers will be 2-4 pages in length and require APA formatting with references.

Week	Topic	Assignment	Competencies Covered	Due Date
Week 1 Section I: Professional Orientation	Chapter 1: The Counselor’s Identity: What, Who, and How? Chapter 2: The Counseling Profession’s Past, Present, and Future, Chapter 3: Ethics, Accreditation, Credentialing, Multicultural Counseling	Weekly Questions/Discussions as assigned	1,3,8,9,10,11,12	Weekly Assignments Due on Thursdays
Week 2 ( <i>Notice this is end section of book</i> ) Section VII: Your Future in the Counseling Profession	Chapter 16 School Counseling Chapter 17 Mental Health Counseling Chapter 18 Student Affairs and College Counseling	Begin Personal Reflection Paper Due Week 6  Begin Planning Interview with Professional Counselor Due Week 8	1,2,3,5,9,10,12	
Week 3 (Section II: The Helping Relationship I: Theory and Skills)	Chapter 4: Individual Approaches to Counseling and	Complete Theory Inventory with Discussion	2,5,9,11,19,20	Theory Inventory w/Discussion Due
Week 4 Continued	Chapter 5: Counseling Skills		2,5,9,11,19,20	
Week 5	Chapter 6: Couples	Weekly	2,4,5,8,9,10,11,12,13,	Weekly

Section III: The Helping Relationship II: The Counselor Working in Systems	and Family Counseling, Chapter 7: Group Work, and Chapter 8: Consultation and Supervision	Questions/Discussions as assigned	15,16,20	Assignments Due on Thursdays
<b>Week 6</b> Section IV: Development of the Person	Chapter 9: Development Across the Lifespan, Chapter 10: Abnormal Development, Diagnosis, and Psychopathology, and Chapter 11: Career Development: The Counselor and the World of Work	Personal Reflection Paper	6,7,11,14,18,19	Personal Reflection Paper Due
<b>Week 7</b> Section V: Research, Program, Evaluation, and Appraisal	Chapter 12: Testing and Assessment, and Chapter 13: Research and Evaluation	Weekly Questions/Discussions as assigned	2,3,8,	Weekly Assignment Due on Thursday
<b>Week 8</b> Section VI: Social and Cultural Foundations in Counseling	Chapter 14: Theory and Concepts of Multicultural Counseling, and Chapter 15: Knowledge and Skills of Multicultural Counseling	Interview with Professional Counselor	4,5,7,17	Interview with Professional Counselor Due
Week 9	Course Wrap-up with a look toward the future Begin Final Exam		1-21	Begin Final Exam
Week 10	Final Exam Completed		1-21	Final Exam

#### GRADING CRITERIA:

(Weekly Discussion/Questions/Inventories	40%
Interview with Professional Counselor	20%
Personal Reflection Paper	20%
Final Exam	20%

Graduate	
92 – 100	A
82 – 91	B
72 – 81	C
62 – 71	D
Below 62	F

## **GRADE NOTIFICATION AND INSTRUCTOR FEEDBACK:**

A successful distance learning experience requires a flow of communication between instructor and student throughout the session. Instructor comments are considered essential to the learning process. Therefore, each assignment/exam submitted will be reviewed, graded and returned to the student in a timely manner along with the appropriate commentary. Students should carefully review all comments.

Final grades are mailed approximately one week after the last day of the session to the student's address of record. Amberton University staff will not post or release grades over the phone. University instructors will not leave a message with comments or grades in any type of media that is not secure.

For questions regarding grades after the semester has ended, students should use their University email account and contact the instructor at the faculty email address as provided above in *Professor Information* area.

### ***Incomplete Grades***

An "I" (incomplete grade) is given at the discretion of the professor and may be given only when an emergency or illness prevents the student from completing course requirements. Should an "I" be granted, the student has 30 days from the end of the session to complete the conditions of the incomplete. An "I" which is not properly removed within 30 days following the session enrolled will become an "F" grade.

### ***How To Withdraw From a Course***

To be official, the class withdrawal must be in writing and signed by the student requesting the withdrawal; no withdrawal is accepted verbally. Please review the "Schedule of Classes" (online or in-print) for procedures for class changes or withdrawals and the refund policy and schedule.

## **COURSE DELIVERY METHODOLOGY:**

This course is offered as a distance-learning course through the Moodle Learning Platform. Amberton's distance learning courses, called e-Courses, are identical to classroom courses in terms of learning outcomes, competencies, and instructor expectations. A student choosing to take an e-Course must have the following skills and technical capabilities:

1. Access to the Internet
2. General knowledge in:
  - Internet browser settings and configuration
  - e-mail and file attachments
  - Uploading and downloading files
  - Using a word processing package
3. Ability to conduct on-line research

Students who have not mastered these skills should not enroll for this course, but should consider enrolling in MIS2110 Computer Concepts and Internet Technologies for instruction in these areas.

## **HOW TO ACCESS YOUR COURSE:**

### ***Through the Amberton University Student Portal***

Students enrolled in distance learning courses using the Moodle Learning Platform may access the course through the Amberton University Student Portal. The site may be accessed through the University's main page (<http://www.Amberton.edu>) or at <http://apps.Amberton.edu>. After selecting the "Student Portal" link, you will be prompted for a Username and Password.

Use your assigned **username and password** (AUID) as described below to enter the AU Student Portal:

**Username** = your capitalized firstname **initial**+lastname+last 3 digits of your SSN.

\* Use your name exactly as it is listed on the University's records, including any suffixes or hyphenations, such as Jr, Sr, or II, as a part of your username.

For example: James Jones, Jr. SSN: 123-45-6789  
Username: JJonesJr789

**Password** = your Amberton University ID# (AUID) including the dashes

For example: 04-999-999

Once your login has been validated, you may select from a variety of menu options, including your individual E-Course, email account, Remote Research, General Tools, all Syllabi, Research Tutorials and Electronic Instructor Folders (FTP).

If you are accessing the Student Portal from a public or shared computer, close the browser completely when finished, or click on the Logout button. For security purposes, no other person should have access to your Username or Password. If you feel your information has been compromised or if you experience technical difficulties, contact the e-course system administrator at: e-sysop@amberton.edu

If you have lost or do not know your Amberton ID#, please contact the Student Services Office 972/279-6511 or advisor@Amberton.edu for a replacement AUID card. You must know your Amberton ID# to gain access to the course and to send email to your professor.

### **Through the Amberton University Moodle Website**

Students enrolled in distance learning courses using the Moodle Learning Platform may also access the course by going to: <http://moodle.Amberton.edu>

For those utilizing Moodle for the first time, the **username and password** for the Moodle Learning Platform will be emailed to the student's University email account prior to the start of the course. For those returning to Moodle who do not remember their username and password, click on the link "*Forgotten your username or password*" available on the Moodle log in page (<http://moodle.Amberton.edu>). Otherwise use the same username and password as previous session.

### **Moodle Tutorial:**

Upon successful log in and access to the Moodle learning platform, there is a *Student Moodle Tutorials* course available, to learn about the basics of Moodle. Simply click on the link for the *Student Moodle Tutorials* and read through the various learning topics: Navigating; Communicating; Assignments & Exams; Grades; and Student Resources.

### **COURSE COMMUNICATIONS:**

Students will communicate with faculty through the Moodle Learning Platform or the Amberton University email system.

Each student enrolled is assigned an Amberton email account, which gives the student access to the Amberton email system ([my.Amberton.edu](mailto:my.Amberton.edu)). This email account is provided by Google Apps for Education. Students are encouraged to check their email regularly for University news, notices, and to communicate with instructors.

The student's assigned email address would be Username@my.Amberton.edu

Example: LJones-Smith789@my.Amberton.edu

The student Username is determined by:

firstname initial+lastname+last 3 digits of student ssn.

For example: Linda Jones-Smith SSN: 123-45-6789  
Email Address = LJones-Smith789@my.Amberton.edu

Students will be prompted for a Username and Password when accessing their email account. Use the Username portion of the email address as the username (Example: LJones-Smith789) and your Amberton ID# (including the dashes) as the password.

If you already have a Google gmail account, you might be prompted to add this account to your current account. Click 'Yes' and you will be logged into your my.Amberton.edu email account. It will be a separate email account from your personal gmail account.

If you need assistance with your email account, please visit <https://support.google.com/mail>

**Students are responsible for reviewing the “Communication Guidelines” provided on the individual E-Course for specific instructor requirements.**

Upon completion of a session, all communication and course specific information is removed from the Moodle system. If a student needs to maintain a record of communications or assignments, the student is strongly encouraged to print out or download these items to a disk for their own records.

**FORMAT AND SUBMISSION OF ASSIGNMENTS:**

Assignments are to be submitted to the appropriate assignment Drop Box in the Moodle system. Specific directions and guidelines for submission of assignments are located on-line in the “Communication Guidelines” of the e-course. Due to compatibility issues, Office 2007 files cannot be read by earlier versions of Microsoft Office. Before submitting an exercise file, confirm the file is in the proper format for grading by the instructor.

**INSTRUCTOR/COURSE EVALUATION:**

Each session, all Amberton students are provided with the opportunity to evaluate their courses and instructors. The evaluation process is an important one and provides students with an anonymous and confidential way to give meaningful feedback to the University. Summary information and comments are provided to faculty after the close of the session. All information provided is anonymous.

The Instructor/Course Evaluation will be open for completion during week 9 of the session. An evaluation assignment will be placed in week 9 of the Moodle course, along with the instructions on how to complete the evaluation. Prior to week 9, the University will send out an email containing instructions and dates for the evaluation period.

**ACADEMIC HONESTY/PLAGIARISM:**

Plagiarism is the presentation of someone else’s information as though it were your own. If you use another person’s words, ideas or information, or if you use material from a source – whether a book, magazine, newspaper, business publication, broadcast, speech, or electronic media – you must acknowledge the source. Failure to do so violates Amberton University’s ethics policy.

**RESEARCH RESOURCES:**

The student is encouraged to use the Amberton Electronic Library as a research resource for this course. The Electronic Library provides access to full-text and abstract articles as well as links to a variety of remote research tools. Students can search Amberton Library Resource Center holdings through the on-line public access circulation system. The physical library contains a specialized collection of research materials specifically chosen to support the degrees and courses offered at Amberton. Interlibrary loan and document delivery services are available. The TexShare Card offers borrowing privileges in libraries all across the state of Texas. Students with research questions or questions about Library services are encouraged to visit the Library or email their questions to [library@Amberton.edu](mailto:library@Amberton.edu).

**RESEARCH TUTORIALS:**

Online research resources are available through “Research Tools Database”, accessible through the Student Portal. (For additional assistance, students may access the “Research Tutorials” link located in the General Tools area on the Student Portal.) Access the Portal by clicking “Student Portal” from the University’s website. You must know your Amberton ID to access the Portal.

***Library Live Chat Feature***

The website allows for a live chat feature with librarians on the library pages. This service allows students to connect with librarians on questions regarding resource assistance, searching data bases and access to library services. [www.amberton.edu/current-students/library/index.html](http://www.amberton.edu/current-students/library/index.html)