CSL794.01 Principles and Methods of Sex Therapy
SPRING 2019
Location: Garland

PROFESSOR INFORMATION:
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COURSE INFORMATION:
CSL794.01 Principles and Methods of Sex Therapy
Level: Graduate
Beginning Date of Session: Saturday, March 16, 2019
Ending Date of Session: Thursday, May 23, 2019
The first class meeting is Wednesday, March 20 in Room 18 Garland

All Monday-Thursday lecture classes begin promptly at 6:30 p.m.
All Saturday lecture classes begin promptly at 8:30 a.m.

COURSE PREREQUISITES:
There are no prerequisites for this course.

TEXTBOOK(S) AND REQUIRED MATERIALS:
Title: Principles and Practice of Sex Therapy
Author: Binik, Yitzchak M.; and Kathryn S.K. Hall
Publisher: The Guilford Press
Year Published: 2014
Edition: 5th
Price: Available at http://amberton.ecampus.com

Amberton University has an agreement with eCampus.com to provide a full-service online bookstore to students. The Amberton University Virtual Bookstore is accessible through the University’s website, www.Amberton.edu. There is also a bookstore link in the Student Portal.

The AU Virtual Bookstore provides an easy to use interface, online buyback of books, and same day shipment of most titles with an average delivery time of 2-3 days depending on the student’s location. Textbook options include new, used, rental, and electronic media as available.

Since no books are sold on campus, students should plan accordingly and purchase their books in advance of the first day of class, allowing time for shipping. Be certain you are enrolled in the course before purchasing your book(s). All textbook information (Title, Author, ISBN, etc.) is available in course syllabi so students can shop competitively. Most textbooks can be purchased from many different textbook vendors. Some textbooks may only be available on the University’s Virtual Bookstore. Students should be careful to obtain the exact resource(s) required for the course.

APA Requirement
APA (American Psychological Association) style is most commonly used to cite sources within the social sciences. This resource, revised according to the 6th edition, second printing of the APA manual, offers
examples for the general format of APA research papers, in-text citations, endnotes/footnotes, and the reference page. For more information, please consult the *Publication Manual of the American Psychological Association*, (6th ed., 2nd printing). All coursework at Amberton University will comply with the standards contained in the APA Publication Manual.

**COURSE COMPETENCIES:**
The following represents the course competencies for this class. Competencies are equivalent for all lecture and distance learning courses. Following each competency is the assignment used to gain mastery of this area of study.

**UPON COMPLETION OF THE COURSE, THE STUDENT WILL BE COMPETENT IN:**
1. Defining sex therapy and tracing the history of the field Course Readings, Lecture, and Exams
2. Assessing, evaluating, and treating compulsive and atypical sexual behavior Course Readings, Lecture, and Exams
3. Analyzing sex therapy techniques appropriate to LGTB’s and persons of diverse cultural backgrounds
4. Understanding sexual dysfunctions and problems in the context of individual, group, and couples therapy Course Readings, Lecture, and Exams
5. Identifying issues related to both male and female sexual dysfunction and sexual disorders Course Readings, Lecture, and Exams
6. Exploring the ethical aspects of the practice of sex therapy Course Readings, Lecture, and Exams
7. Understanding contemporary models for treatment of sexual problems Course Readings, Lecture, and Exams
8. Assisting students in assessing their own sexuality Course Readings, Lecture, and Exams
9. Discussing, critiquing, and integrating faith based perspectives in the practice of sex therapy Course Readings, Lecture, and Exams
10. Analyzing and treating sexual health problems in the presence of chronic illness and lifespan challenges Course Readings, Lecture, and Exams
11. Conducting psychosocial and psychosexual assessments related to problematic sexual behavior Course Readings, Lecture, and Exams
12. Demonstrating knowledge of medical conditions that impair sexual functioning Course Readings, Lecture, and Exams
13. Comprehending common sexual challenges in relationships Course Readings, Lecture, and Exams
14. Exploring issues regarding the use of pornography Course Readings, Lecture, and Exams
15. Identifying and assessing sexually transmitted infections and safer sex practices Course Readings, Lecture, and Exams

**COURSE POLICIES:**
Attendance and participation are necessary for an optimal learning experience. There will be two exams. Students should be present on time in the classroom to maximize allowed exam time. Make up exams must be scheduled with Dr. Paul. Dr. Paul reserves the right to modify this syllabus and course work due dates as deemed necessary.

**Attendance Policy:**
Regular and punctual class attendance is expected at Amberton University. In case of absence, it is the student’s responsibility to contact the professor as soon as possible. If a student intends on withdrawing from a course, it is the student’s responsibility to follow the university’s policy on formally withdrawing from a course.

A student in an on-campus course missing more than 20% of the class meetings and not keeping up with course assignments may be dropped at the discretion of the professor and Amberton administration.

**Student’s Responsibilities**
This syllabus contains information, policies and procedures for a specific course. By enrolling, the student agrees to read, understand and abide by the policies, rules, regulations, and ethical standards of Amberton University as contained in the current university catalog and schedule of classes.
COURSE DELIVERY METHODOLOGY:
This course is offered as a Lecture/Classroom course. This course requires that students meet a designated time in the classroom. This class will be taught using lecture, class discussion and possibly guest speakers (depending on scheduling with the experts).

COURSE OUTLINE AND CALENDAR:

Week 1
Introduction to Course
History and Future of Sex Therapy Introduction
Sexual Interest/Arousal Disorder in Women — Chapter 1
Theories Applied to Sexuality Counseling

Week 2
Hidden Disorder/Hidden Desire — Chapter 2
Presentation of Low Sexual Desire in Men — Chapter 3
Erectile Dysfunction: Integration of Medical and Psychological Approaches
Orgasm Disorders in Women — Chapter 4

Week 3
Treatment of Premature Ejaculation — Chapter 5
Delayed Ejaculation — Chapter 6
Genital Pain in Women and Men — Chapter 7

Week 4
Lifelong Vaginismus — Chapter 8
The Paraphilias: An Experiential Approach — Chapter 9

Week 5
Mid-Term Exam

Week 6
Gold-Star Pedophiles — Chapter 10
Gender Dysphoria — Chapter 11

Week 7
Therapy with LGBTQ Clients — Chapter 14
Body Image and Sexuality — Chapter 16

Week 8
The Treatment of Sexual Dysfunction in Survivors of Sexual Abuse — Chapter 17
Infidelity — Chapter 18

Week 9
Sexual Problems in Adolescents and Young Adults — Chapter 23
Sexuality and Aging — Chapter 24

Week 10 Final Exam

GRADING CRITERIA:
There are two exams. Each is worth 40 percent of your final grade. There is also a graduate project which is worth 20 percent. The following grading scale is used in this class:
GRADE NOTIFICATION AND INSTRUCTOR FEEDBACK:
Each assignment/exam submitted will be reviewed, graded and return to the student in a timely manner, along
with appropriate commentary.

Final grades are mailed approximately one week after the last day of the session to the student’s address of
record. Amberton University staff will not release grades over the phone. University instructors will not leave a
message with comments or grades in any type of media that is not secure.

For questions regarding grades after the semester has ended, students should use their email account and
contact the instructor at the faculty email address as provided above in Professor Information area.

Incomplete Grades
An “I” (incomplete grade) is given at the discretion of the professor and may be given only when an emergency
or illness prevents the student from completing course requirements. Should an “I” be granted, the student has
30 days from the end of the session to complete the conditions of the incomplete. An “I” which is not properly
removed within 30 days following the session enrolled will become an “F” grade.

How to Withdraw From a Course
To be official, the class withdrawal must be in writing and signed by the student requesting the withdrawal; no
withdrawal is accepted verbally. Please review the “Schedule of Classes” (online or in-print) for procedures for
class changes or withdrawals and the refund policy and schedule.

COURSE COMMUNICATIONS:
This course is offered as a lecture course; however, several technological options are available to faculty and
students that can enhance communication both during the session and after the session has ended. The
Student Portal is the gateway to email, Remote Research, General Tools and Electronic Instructor Folders
(FTP). The Student Portal may be accessed through a link on the University's website,

After selecting the “Student Portal” link, you will be prompted for a Username and Password. Use your
assigned username and password (AUID) as described below:

Username = your capitalized firstname initial+lastname+last 3 digits of your SSN.

  * Use your name exactly as it is listed on the University’s records, including any suffixes or
    hyphenations, such as Jr, Sr, or II, as a part of your username.

    For example: James Jones, Jr.    SSN: 123-45-6789
    Username: JJonesJr789

Password = your Amberton University ID# (AUID) including the dashes

    For example: 04-999-999
Once your login has been validated, you may select from a variety of menu options, including online course materials, email access, Remote Research, General Tools, all Syllabi, Research Tutorials and Electronic Instructor Folders (FTP).

Email Communication

Each student enrolled is assigned an Amberton email account, which gives the student access to the Amberton email system (my.Amberton.edu). This email account is provided by Google Apps for Education. Students are encouraged to check their email regularly for University news, notices, and to communicate with instructors.

The student’s assigned email address would be Username@my.Amberton.edu

Example:  LJones-Smith789@my.Amberton.edu

The student Username is determined by:

firstname initial+lastname+last 3 digits of student ssn.

For example:  Linda Jones-Smith SSN: 123-45-6789
Email Address = LJones-Smith789@my.Amberton.edu

Students will be prompted for a Username and Password when accessing their email account. Use the Username portion of the email address as the username (Example: LJones-Smith789) and your Amberton ID# (including the dashes) as the password.

If you already have a Google gmail account, you might be prompted to add this account to your current settings. Click ‘Yes’ and you will be logged into your my.Amberton.edu email account. It will be a separate email account from your personal gmail account.

If you need assistance with your email account, please visit https://support.google.com/mail

**The Amberton University Moodle Website**

Students enrolled in this course will also be using the Moodle Learning Platform, with access available through the Student Portal or by going to: http://moodle.Amberton.edu

For those utilizing Moodle for the first time, the **username and password** for the Moodle Learning Platform will be emailed to the student’s email account prior to the start of the course. For those returning to Moodle who do not remember their username and password, click on the link “Forgotten your username or password” available on the Moodle log in page (http://moodle.Amberton.edu). Otherwise use the same username and password as previous session.

**Moodle Tutorial:**

Upon successful log in and access to the Moodle learning platform, there is a **Student Moodle Tutorials** course available, to learn about the basics of Moodle. Simply click on the link for the **Student Moodle Tutorials** and read through the various learning topics: Navigating; Communicating; Assignments & Exams; Grades; and Student Resources.

**COURSE EVALUATION:**

Each session, all Amberton students are requested to evaluate their courses. The evaluation process is an important one and provides students with an anonymous and confidential way to give meaningful feedback to the University. Summary information and comments are provided to faculty after the close of the session. Students’ identities are not disclosed.
Students will be notified through the Amberton email system of the Course Evaluation procedures. Usually, the evaluations take place in class during week 9 of the session. Please take advantage of this opportunity and participate in the evaluation process.

**ACADEMIC HONESTY/PLAGIARISM:**
Plagiarism is the presentation of someone else’s information as though it were your own. If you use another person’s words, ideas, or information or if you use material from a source – whether a book, magazine, newspaper, business publication, broadcast, speech, or electronic media – you must acknowledge the source. Failure to do so violates Amberton University’s ethics policy.

**RECOMMENDED ONLINE SOURCES:**
Online research resources are available through “Research Tools Database”, accessible through the Student Portal, under “General Tools.”

**RESEARCH TUTORIALS:**
Online research resources are available through “Research Tools Database”, accessible through the Student Portal. (For additional assistance, students may access the “Research Tutorials” link located in the General Tools area on the Student Portal.) Access the Portal by clicking “Student Portal” from the University’s website. You must know your Amberton ID to access the Portal.

*Library Live Chat Feature*
The website allows for a live chat feature with librarians on the library pages. This service allows students to connect with librarians on questions regarding resource assistance, searching data bases and access to library services. [www.amberton.edu/current-students/library/index.html](http://www.amberton.edu/current-students/library/index.html)

**BIBLIOGRAPHY:**
Research resources are available through the University’s physical library and the online virtual library. Students may search for books, periodicals, and online sources pertaining to subjects covered in this course.

The physical library contains a specialized collection of research materials specifically chosen to support the degrees and courses offered at Amberton. Interlibrary loan and document delivery services are available. The TexShare Card offers borrowing privileges in libraries all across the state of Texas. Students with research questions or questions about Library services are encouraged to visit the University physical Library or email their questions to library@Amberton.edu.