CSL6796.21 Adult & Geriatric Psychopathology
SUMMER 2019
Location: Frisco Center

PROFESSOR INFORMATION:
Name: Levi Armstrong, Psy.D., MSCP
Phone Number: 972-279-6511 ext. 248
Faculty Fax #: 972-686-5890
Office Location: Frisco Center Room F2
Office Hours: Available Upon Request
Email Address: LArmstrong@Amberton.edu

COURSE INFORMATION:
CSL6796.21 Adult & Geriatric Psychopathology
Level: Graduate
Beginning Date of Session: Saturday, June 15, 2019
Ending Date of Session: Thursday, August 22, 2019
The first class meeting is Monday June 17, in Room F2 (Frisco Center)

All Monday-Thursday lecture classes begin promptly at 6:30 p.m.
All Saturday lecture classes begin promptly at 8:30 a.m.

COURSE PREREQUISITES:
CSL6801

TEXTBOOK(S) AND REQUIRED MATERIALS:
Title: Diagnostic & Statistical Manual of Mental Disorders
Author: American Psychiatric Association
Publisher: American Psychiatric Association
Year Published: 2013
Edition: 5th
Price: Available at http://amberton.ecampus.com

Amberton University has an agreement with eCampus.com to provide a full-service online bookstore to students. The Amberton University Virtual Bookstore is accessible through the University’s website, www.Amberton.edu. There is also a bookstore link in the Student Portal.

The AU Virtual Bookstore provides an easy to use interface, online buyback of books, and same day shipment of most titles with an average delivery time of 2-3 days depending on the student’s location. Textbook options include new, used, rental, and electronic media as available.

Since no books are sold on campus, students should plan accordingly and purchase their books in advance of the first day of class, allowing time for shipping. Be certain you are enrolled in the course before purchasing your book(s). All textbook information (Title, Author, ISBN, etc.) is available in course syllabi so students can shop competitively. Most textbooks can be purchased from many different textbook vendors. Some textbooks may only be available on the University’s Virtual Bookstore. Students should be careful to obtain the exact resource(s) required for the course.

APA Requirement
APA (American Psychological Association) style is most commonly used to cite sources within the social sciences. This resource, revised according to the 6th edition, second printing of the APA manual, offers examples for the general format of APA research papers, in-text citations, endnotes/footnotes, and the reference page. For more information, please consult the Publication Manual of the American Psychological Association, (6th ed., 2nd printing). All coursework at Amberton University will comply with the standards contained in the APA Publication Manual.

**COURSE COMPETENCIES:**
The following represents the course competencies for this class. Competencies are equivalent for all lecture and distance learning courses. Following each competency is the assignment used to gain mastery of this area of study.

This course presents the etiology, diagnosis, and treatment of adult and geriatric psychopathological disorders as defined by the Diagnostic and Statistical Manual of Mental Disorders 5th Edition (DSM-5). Students will develop skills in the unique application of diagnostic interviewing techniques, differential diagnosis, case conceptualization via personality theory, and empirically-based treatment planning with regard to adult and geriatric psychopathology. Benefits and limitations of the diagnostic and treatment process are also reviewed. In addition, this course will examine the methods and techniques utilized by counselors to assist adult and geriatric clients in the change process with specific reference to problem diagnosis, medical and psychiatric comorbidity, basic psychopharmacological principles and intervention, construction of an empirically-based treatment plan, termination, and ethical and cultural issues in the diagnostic and treatment process.

The course in adult and geriatric psychopathology will be beneficial to students enrolled in the professional counseling degree program since this course will satisfy the Texas State Board of Professional Counselors board rule §681.83 (c) (3). It is both ethically and clinically essential that students at Amberton University, who are pursuing a master's degree in professional counseling, and who wish to obtain licensure as an LPC in the state of Texas, possess knowledge and skills in the assessment, diagnosis, and treatment of adult and geriatric clients suffering from mental illnesses. This course is designed to prepare students to ethically and effectively practice as professional counselors in a professional treatment role for adults who are suffering from mental disorders.

**UPON COMPLETION OF THE COURSE, THE STUDENT WILL BE COMPETENT IN:**

1. Proficiency in utilizing the DSM-5 to apply accurate diagnostic labels to mental disorders.
2. Effectively applying differential diagnoses with respect to co-morbidity and medical etiologies across a wide-range of mental disorders.
3. Understanding the nature and etiology of adult psychopathology in order to articulate case conceptualization and make empirically based treatment plans.
4. Understanding the role of systematic scientific, clinical experience, and consultative input in making treatment decisions.
5. Utilizing basic psychotherapeutic assessment tools to assess outcomes in the treatment of adult and geriatric clients.
6. Understanding ethical and cultural issues involved in the treatment process.
7. Understanding the importance of self-examination and critiquing self as an effective change agent in counseling relationships.
8. Comprehending and examining the role of age upon the manifestation and treatment of mental disorders in adult and geriatric clients.
9. Understanding basic psychopharmacological intervention with regard to the treatment of mental disorders in adult and geriatric clients.
10. Comprehending and addressing the effects of end-of-life issues involved with the manifestation of mental disorders in elderly populations.

**COURSE POLICIES:**
Attendance is required and accounts for participation and attendance grade (i.e., 20% of final grade). Late work is accepted at the discretion of Dr. Armstrong. Late work is 10% off each day late up to 5 days late.
Exams will be administered in-class during weeks 5 and 10. Dr. Armstrong reserves the right to modify this syllabus and coursework due dates as deemed necessary and will provide an addendum to this syllabus with any noted changes.

**Student’s Responsibilities**
This syllabus contains information, policies and procedures for a specific course. By enrolling, the student agrees to read, understand and abide by the policies, rules, regulations, and ethical standards of Amberton University as contained in the current university catalog and schedule of classes.

**Attendance Policy:**
Regular and punctual class attendance is expected at Amberton University. In case of absence, it is the student’s responsibility to contact the professor as soon as possible. If a student intends on withdrawing from a course, it is the student’s responsibility to follow the university’s policy on formally withdrawing from a course. Ceasing to attend does not constitute official withdrawal.

Attendance in a lecture course is defined as punctual arrival to, and engagement in, an entire lecture class session. A student in a lecture course missing more than 20% (two class periods) of the class meetings and not keeping up with course assignments may be dropped at the discretion of the professor and Amberton administration.

**Plagiarism Policy**
Plagiarism is using another person’s work as your own. Plagiarism is a violation of the University’s code of student ethical conduct and is one that is taken seriously. Amberton University operated on an honor system, and honesty and integrity are essential characteristics of all who are associated with the institution. All Amberton University students are expected to abide by the honor system and maintain academic integrity in all of their work. Amberton University and its instructors monitor student work for plagiarism and reserve the right to submit such work to technology-based anti-plagiarism services and applications at any time.

**COURSE DELIVERY METHODOLOGY:**
This course is offered as a Lecture/Classroom course. This course requires that students meet a designated time in the classroom.

This course requires that students meet a designated time in the classroom. Students can expect the course will include both in-class and independent study outside of class, such as: In class lectures, class discussions, and activities (group exercises, videos, demonstrations, examples) as well as independently completing chapter readings, article readings, and papers outside of class to prepare for in-class discussions.

**COURSE OUTLINE AND CALENDAR:**
(Provide a topical outline of the course based on the course competencies. Include learning activities required to gain knowledge of course competencies.

Also provide an outline of important due dates, activities scheduled for each meeting as well as examination dates.)

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Assignment</th>
<th>Competencies Covered</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>1</td>
<td><strong>Introduction and Overview</strong></td>
<td>None</td>
<td>1-10</td>
<td>06/17/19</td>
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<td></td>
<td>Historical Perspectives of the DSM-5 and Terminology</td>
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<td>DSM-5 Overview: Defining Mental Disorders in Adult and Geriatric Clients</td>
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<td>Defining Evidenced-Based Therapies &amp; Case Conceptualization based on Theory</td>
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<td>Basic Neuroanatomy &amp; Function</td>
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<td>Week</td>
<td>Topic</td>
<td>Required Readings</td>
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<td>2</td>
<td><strong>Neurodevelopmental Disorders in Adulthood</strong></td>
<td>Required Readings Before Week 2&lt;br&gt;Class: DSM-5 – Neurodevelopmental Disorders</td>
<td>06/24/19</td>
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<td><strong>Topics Covered:</strong></td>
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<td>Intellectual Disability Disorder</td>
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<td>Communication Disorders</td>
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<td>Autism Spectrum Disorder</td>
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<td>Attention-Deficit/Hyperactivity Disorder</td>
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<td>Specific Learning Disorders</td>
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<td>Motor Disorders</td>
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<td>Common Medical Etiologies of Neurodevelopmental Disorders</td>
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<td>3</td>
<td><strong>Schizophrenia Spectrum &amp; Other Psychotic Disorders</strong></td>
<td>Required Readings Before Week 3: DSM-5 - Schizophrenia &amp; Other Psychotic Disorders</td>
<td>07/01/19</td>
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<td><strong>Topics Covered:</strong></td>
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<td>Delusional Disorder</td>
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<td>Brief Psychotic Disorder</td>
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<td>Schizophreniform Disorder</td>
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<td>Schizophrenia</td>
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<td>Schizoaffective Disorder</td>
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<td>Substance/Medication-Induced Psychotic Disorder</td>
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<td>Psychotic Disorders Due to Medical Conditions</td>
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<td>4</td>
<td><strong>Bipolar and Related Disorders &amp; Depressive Disorders</strong></td>
<td>Required Readings Before Week 4: DSM-5 – Bipolar Disorders &amp; Depressive Disorders</td>
<td>07/08/19</td>
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<td><strong>Topics Covered:</strong></td>
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<td>Bipolar I Disorder</td>
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<td>Bipolar II Disorder</td>
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<td>Cyclothymic Disorder</td>
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<td>Major Depressive Disorder</td>
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<td>Persistent Depressive Disorder (Dysthymia)</td>
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<td>Premenstrual Dysphoric Disorder</td>
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<td>Substance/Medication-Induced Bipolar &amp; Depressive Disorders</td>
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<td>Bipolar &amp; Depressive Disorders Due to Medical Conditions</td>
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<td>5</td>
<td><strong>In-Class Mid-Term Exam</strong></td>
<td>In-Class Mid-Term Exam</td>
<td>07/15/19</td>
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<td>6</td>
<td><strong>Anxiety Disorders &amp; Obsessive-Compulsive and Related Disorders</strong></td>
<td>Required Readings Before Week 6: DSM-5 – Anxiety Disorders</td>
<td>07/22/19</td>
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<td>7</td>
<td><strong>Somatic Symptom and Related Disorders</strong></td>
<td><strong>Required Readings Before Week 7: DSM-5 Somatic Symptom &amp; Related Disorders</strong></td>
<td>1-10</td>
<td>07/29/19</td>
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<td><strong>Topics Covered:</strong></td>
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<td>Somatic Symptom Disorder</td>
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<td>Illness Anxiety Disorder</td>
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<td>Conversion Disorder</td>
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<td>(Functional Neurological Symptom Disorder)</td>
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<td>Psychological Factors Affecting Other Medical Conditions</td>
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<td>Factitious Disorder</td>
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<td>Understanding Base Rates of Subjective Physical Complaints</td>
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<td>Neuroanatomical &amp; Psychological Correlates of Chronic Pain</td>
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<th>8</th>
<th><strong>Feeding and Eating Disorders &amp; Sleep-Wake Disorders</strong></th>
<th><strong>Required Readings Before Week 8: DSM-5 – Feeding/Eating Disorders &amp; Sleep-Wake Disorders</strong></th>
<th>1-10</th>
<th>08/05/19</th>
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<tr>
<td><strong>Topics Covered:</strong></td>
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<td>Pica in Adults</td>
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<td>Ruminiation Disorder</td>
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<td>Avoidant/Restrictive Food Intake Disorder</td>
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<td>Anorexia Nervosa</td>
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### Bulimia Nervosa
- Binge-Eating Disorder
- Insomnia Disorder
- Hypersomnia Disorder
- Narcolepsy
- Breathing-Related Sleep Disorders

### Sexual/Gender Dysfunction and Disruptive/Impulse Control/Conduct Disorders & Paraphilia

**Topics Covered:**
- Sexual Dysfunctions in Adults and Older Adults
- Gender Dysphoria
- Intermittent Explosive Disorder
- Pyromania, and Kleptomania
- Paraphilic Disorders

### Substance Use & Addictive Disorders, Personality Disorders, & Neurocognitive Disorders
- Substance-Related Disorders
- Major & Mild Neurocognitive Disorders – Dementia, Stroke, etc.
- Personality Disorders in Adults and Older Adults
- Understanding Medication Effects in the Elderly

### Required Readings Before Week 9
- DSM-5 – Disruptive/Impulse Control & Substance Use

### GRADING CRITERIA:

- **Participation** = 20% (2 points per class attended)
- **Mid-Term Exam** = 40%
- **Final Exam** = 40%

- **Graduate**
  - 92 – 100 A
  - 82 – 91 B
  - 72 – 81 C
  - 62 – 71 D
  - Below 62 F

### GRADE NOTIFICATION AND INSTRUCTOR FEEDBACK:

Each assignment/exam submitted will be reviewed, graded and returned to the student in a timely manner, along with appropriate commentary.

Final grades are mailed approximately one week after the last day of the session to the student’s address of record. Amberton University staff will not release grades over the phone. University instructors will not leave a message with comments or grades in any type of media that is not secure.

For questions regarding grades after the semester has ended, students should use their email account and contact the instructor at the faculty email address as provided above in Professor Information area.
Incomplete Grades
An “I” (incomplete grade) is given at the discretion of the professor and may be given only when an emergency or illness prevents the student from completing course requirements. Should an “I” be granted, the student has 30 days from the end of the session to complete the conditions of the incomplete. An “I” which is not properly removed within 30 days following the session enrolled will become an “F” grade.

How to Withdraw From a Course
To be official, the class withdrawal must be in writing and signed by the student requesting the withdrawal; no withdrawal is accepted verbally. Please review the “Schedule of Classes” (online or in-print) for procedures for class changes or withdrawals and the refund policy and schedule.

COURSE COMMUNICATIONS:

This course is offered as a lecture course; however, several technological options are available to faculty and students that can enhance communication both during the session and after the session has ended. The Student Portal is the gateway to email, Remote Research, General Tools and Electronic Instructor Folders (FTP). The Student Portal may be accessed through a link on the University’s website, http://www.Amberton.edu, or at http://apps.Amberton.edu.

After selecting the “Student Portal” link, you will be prompted for a Username and Password. Use your assigned username and password (AUID) as described below:

Username = your capitalized firstname initial+lastname+last 3 digits of your SSN.

* Use your name exactly as it is listed on the University’s records, including any suffixes or hyphenations, such as Jr, Sr, or II, as a part of your username.

For example: James Jones, Jr. SSN: 123-45-6789
Username: JJonesJr789

Password = your Amberton University ID# (AUID) including the dashes

For example: 04-999-999

Once your login has been validated, you may select from a variety of menu options, including online course materials, email access, Remote Research, General Tools, all Syllabi, Research Tutorials and Electronic Instructor Folders (FTP).

Email Communication

Each student enrolled is assigned an Amberton email account, which gives the student access to the Amberton email system (my.Amberton.edu). This email account is provided by Google Apps for Education. Students are encouraged to check their email regularly for University news, notices, and to communicate with instructors.

The student’s assigned email address would be Username@my.Amberton.edu

Example: LJones-Smith789@my.Amberton.edu

The student Username is determined by:

firstname initial+lastname+last 3 digits of student ssn.

For example: Linda Jones-Smith SSN: 123-45-6789
Email Address = LJones-Smith789@my.Amberton.edu
Students will be prompted for a Username and Password when accessing their email account. Use the Username portion of the email address as the username (Example: LJones-Smith789) and your Amberton ID# (including the dashes) as the password.

If you already have a Google gmail account, you might be prompted to add this account to your current settings. Click ‘Yes’ and you will be logged into your my.Amberton.edu email account. It will be a separate email account from your personal gmail account.

If you need assistance with your email account, please visit https://support.google.com/mail

The Amberton University Moodle Website
Students enrolled in this course will also be using the Moodle Learning Platform, with access available through the Student Portal or by going to: http://moodle.Amberton.edu

For those utilizing Moodle for the first time, the username and password for the Moodle Learning Platform will be emailed to the student’s email account prior to the start of the course. For those returning to Moodle who do not remember their username and password, click on the link “Forgotten your username or password” available on the Moodle log in page (http://moodle.Amberton.edu). Otherwise use the same username and password as previous session.

Moodle Tutorial:
Upon successful log in and access to the Moodle learning platform, there is a Student Moodle Tutorials course available, to learn about the basics of Moodle. Simply click on the link for the Student Moodle Tutorials and read through the various learning topics: Navigating; Communicating; Assignments & Exams; Grades; and Student Resources.

COURSE EVALUATION:
Each session, all Amberton students are requested to evaluate their courses. The evaluation process is an important one and provides students with an anonymous and confidential way to give meaningful feedback to the University. Summary information and comments are provided to faculty after the close of the session. Students’ identities are not disclosed.

Students will be notified through the Amberton email system of the Course Evaluation procedures. Usually, the evaluations take place in class during week 9 of the session. Please take advantage of this opportunity and participate in the evaluation process.

ACADEMIC HONESTY/PLAGIARISM:
Plagiarism is the presentation of someone else’s information as though it were your own. If you use another person’s words, ideas, or information or if you use material from a source – whether a book, magazine, newspaper, business publication, broadcast, speech, or electronic media – you must acknowledge the source. Failure to do so violates Amberton University’s ethics policy.

RECOMMENDED ONLINE SOURCES:
Online research resources are available through “Research Tools Database”, accessible through the Student Portal, under “General Tools.”

RESEARCH TUTORIALS:
Online research resources are available through “Research Tools Database”, accessible through the Student Portal. (For additional assistance, students may access the “Research Tutorials” link located in the General Tools area on the Student Portal.) Access the Portal by clicking “Student Portal” from the University's website. You must know your Amberton ID to access the Portal.

Library Live Chat Feature
The website allows for a live chat feature with librarians on the library pages. This service allows students to connect with librarians on questions regarding resource assistance, searching data bases and access to library services.  www.amberton.edu/current-students/library/index.html

BIBLIOGRAPHY:
Research resources are available through the University's physical library and the online virtual library. Students may search for books, periodicals, and online sources pertaining to subjects covered in this course.

The physical library contains a specialized collection of research materials specifically chosen to support the degrees and courses offered at Amberton. Interlibrary loan and document delivery services are available. The TexShare Card offers borrowing privileges in libraries all across the state of Texas. Students with research questions or questions about Library services are encouraged to visit the University physical Library or email their questions to library@Amberton.edu.