

**AMBERTON UNIVERSITY**  
**SYLLABUS FOR LECTURE/CLASSROOM COURSE**

**CSL6805.01 Group Counseling & Therapy**  
**Winter 2022**  
**Location: Garland**

**PROFESSOR INFORMATION:**

Name: Iman J. Ross, PhD, LPC-S, LSOTP  
Phone Number: 972-279-6511 ext. 237)  
Faculty Fax #: 972-686-5890  
Office Location: Garland Room #17  
Office Hours: 6:00 PM (30 minutes before class)  
Email Address: IRoss@Amberton.edu

**COURSE INFORMATION:**

CSL6805.01 Group Counseling & Therapy  
Level: Graduate  
Beginning Date of Session: Saturday, December 4, 2021  
Ending Date of Session: Thursday, February 24, 2022  
The first class meeting is **Monday, December 6, 2021, in Room #17 (Garland)**

All Monday-Thursday lecture classes begin promptly at 6:30 p.m.  
All Saturday lecture classes begin promptly at 8:30 a.m.

**Winter Holiday Break:**

**Sunday, December 19<sup>th</sup>, 2021, through Sunday, January 2<sup>nd</sup>, 2022**  
**(Classes resume on Monday, January 3<sup>rd</sup>, 2022)**

**COURSE PREREQUISITES:**

CSL6782

**TEXTBOOK(S) AND REQUIRED MATERIALS:**

Title: Theory & Practice of Group Counseling  
Author: Gerald Corey  
Publisher: Brooks/Cole Publisher/Publishing Company  
Year Published: 2016  
Edition: 9<sup>th</sup> Edition  
ISBN: 10: 1305088018 or 13: 9781305088016 or 9780357670989 (paperback)  
Price: Available at <http://amberton.ecampus.com>

Amberton University has an agreement with eCampus.com to provide a full-service online bookstore to students. The Amberton University Virtual Bookstore is accessible through the University's website, [www.Amberton.edu](http://www.Amberton.edu). There is also a bookstore link in the Student Portal.

The AU Virtual Bookstore provides an easy to use interface, online buyback of books, and same day shipment of most titles with an average delivery time of 2-3 days depending on the student's location. Textbook options include new, used, rental, and electronic media as available.

Since no books are sold on campus, students should plan accordingly and purchase their books in advance of the first day of class, allowing time for shipping. Be certain you are enrolled in the course before purchasing your book(s). All textbook information (Title, Author, ISBN, etc.) is available in course syllabi so students can shop competitively. Most textbooks can be purchased from many different textbook vendors. Some textbooks may only be available on the University's Virtual Bookstore. Students should be careful to obtain the exact resource(s) required for the course.

## LINKS TO COUNSELING HANDBOOKS

### MA in Professional Counseling

<https://www.amberton.edu/media/Files/2020-2021%20Professional%20Counseling%20Handbook.pdf>

### MA in Marriage and Family Therapy

[https://www.amberton.edu/media/Files/2020-2021\\_MFT\\_Handbook.pdf](https://www.amberton.edu/media/Files/2020-2021_MFT_Handbook.pdf)

### MA in School Counseling

<https://www.amberton.edu/media/Files/2021-2022%20School%20Counselor%20Handbook.pdf>

## APA Requirement

APA (American Psychological Association) style is most commonly used to cite sources within the social sciences. This resource, revised according to the 7<sup>th</sup> edition, offers examples for the general format of APA research papers, in-text citations, endnotes/footnotes, and the reference page. For more information, please consult the *Publication Manual of the American Psychological Association*, (7<sup>th</sup> ed.). All coursework at Amberton University will comply with the standards contained in the APA Publication Manual.

## SCHOOL COUNSELING PROFESSIONAL CERTIFICATE PROGRAM CHANGE

Beginning Fall 2019, there will be three practicums: CSL6870, CSL6875, AND CSL6880. The TExES (Texas Examination of Educator Standards) must be passed before enrolling in CSL6870. The TExES application form and practice tests are located in the TExES Review Course in Moodle. The Application and Contract are required at the first meeting of CSL6870 Practicum I and are in the Review Course. Effective September 1, 2019, the Master of Arts School Counseling degree will be a forty-eight (48) hour degree program for students entering the program.

## COURSE COMPETENCIES:

The following represents the course competencies for this class. Competencies are equivalent for all lecture and distance learning courses. Following each competency is the assignment used to gain mastery of this area of study.

The course examines the theory, practice, and functioning of group processes. Different types of small groups are studied, including self-help groups. Leadership, meta-communications, methods, dynamics, and facilitative skills are presented. Small group participation is included.

## UPON COMPLETION OF THE COURSE, THE STUDENT WILL BE COMPETENT IN:

1. Defining the origins of group guidance, group counseling, and psychotherapy, including the leaders and time frames.
2. Applying specific theories of practice to group counseling and psychotherapy.
3. Applying group dynamics and processes.
4. Evaluating ethical and professional guidelines for professional group leaders.
5. Interpreting the progression of group stages and the relationships among the stages.
6. Selecting appropriate interventions for members who present common patterns such as fear, anger, and/or violence.
7. Selecting therapeutic responses when working with cultural diversity among group members.
8. Managing assessments of group members for use in selection of members for planning specific strategies and techniques.
9. Applying appropriate clinical interventions with selected clinical, educational, business, and/or community populations.
10. Demonstrating leadership skills in both group maintenance and group facilitation.
11. Modeling effective group techniques for use in schools, community, or organizational settings.
12. Illustrating proper administrative procedures for group counselors or therapists including effective documentation.
13. Discerning when group counseling is appropriate or is preferred as a treatment modality.
14. Providing and synthesizing the exchange of feedback between self and other leaders and group members.
15. Applying selected models of consultation to help groups or organizations to change.
16. Reviewing the nature and scope of research about group counseling and therapy.

## **COURSE POLICIES:**

### **Make Up Exam Policy:**

Make-up exams for the midterm exam will be given by appointment only. Notify instructor (via course email, Moodle, or in person) if you are unable to be present for the midterm exam. Make-up exams for the final exam will **only be given in extreme situations**. Make-up exams for the final exam must be approved by the instructor. Students not taking the final exam will be given a grade of "F" for the course. Upon completion of the exam and all required coursework, a grade change will be submitted to the Academic Services Office.

### **Late Assignment Policy:**

**All assignments will be submitted at the beginning of class.** Any assignment submitted at the end of class or after the due date will automatically lose a letter grade. All assignments submitted after the second week will automatically receive a failing grade.

### ***Student's Responsibilities***

This syllabus contains information, policies, and procedures for a specific course. By enrolling, the student agrees to read, understand, and abide by the policies, rules, regulations, and ethical standards of Amberton University as contained in the current university catalog and schedule of classes.

### ***Attendance Policy:***

Regular and punctual class attendance and engagement is expected at Amberton University. In case of an absence, it is the student's responsibility to contact the professor as soon as possible. If a student intends on withdrawing from a course, it is the student's responsibility to follow the university's policy on formally withdrawing from a course. **Ceasing to attend classes does not constitute an official withdrawal.**

Attendance in a lecture course is defined as punctual arrival to, and engagement in, a full lecture session. Attendance in a distance learning course is defined as active participation in the weekly online class sessions. "Active participation" can be defined as: submitting an academic assignment, taking an exam, engaging in an interactive tutorial, participating in an online discussion forum (or chat session), or initiating (or responding to) a communication with a faculty member about an academic assignment or the subject matter of the course. A student not meeting these requirements may be dropped at the discretion of Amberton University.

### ***Plagiarism Policy***

Plagiarism is the presentation of someone else's work as though it were your own. If you use another person's words, ideas, or information, or if you use material from a source – whether a book, magazine, newspaper, business publication, broadcast, speech, or electronic media – you must acknowledge the source. Plagiarism is a violation of the University's code of student ethical conduct and is one that is taken seriously. Amberton University operates on an honor system; therefore, honesty and integrity are essential characteristics of all who are associated with the institution. All Amberton University students are expected to abide by the honor system and maintain academic integrity in all their work. Amberton University and its instructors monitor student work for plagiarism and reserve the right to submit such work to technology-based anti-plagiarism services and applications at any time.

Students agree that by taking this course, all required papers may be subject to submission for textual similarity review to TurnItIn.com for the detection of plagiarism. All submitted papers will be included as source documents in the TurnItIn.com reference database solely for the purpose of detecting plagiarism in such papers. Use of TurnItIn.com service is subject to the Usage Policy posted on the TurnItIn.com site.

## **COURSE DELIVERY METHODOLOGY:**

This course is offered as a Lecture/Classroom course. This course requires that students meet a designated time in the classroom.

**NOTE: This is a graduate level course.** Learners will be expected to fully participate in the classroom discussion, experiential activities, and complete all assignments and exams as scheduled. There will be weekly group role play and an end of session personal philosophy report due week 8. There will also be a midterm and final exam.

## COURSE OUTLINE AND CALENDAR:

### Key Dates to Consider:

- Assignment #1 Group Creation Process – Week 3 (01/03/22)
- Midterm Exam – Week 5 (01/17/22)
- Assignment #2 Counseling/Self-Help Group Report – Week 6 (01/24/22)
- Assignment #3 Personal Philosophy Report – Week 8 (02/07/22)
- Final Exam – Week 10 (02/14/22)

Week	Topic	Assignment	Competencies Covered	Due Date
Week 1: 12/06/21	Chapter 1: Introduction & Overview; Chapter 2: Group Leadership		1, 2, 8, 10	
Week 2: 12/13/21	Chapter 3: Ethical and Professional Issues in Group Practice; Chapter 4: Early Stages of Group Development; Chapter 5: Later Stages of Group Development	Groups assigned	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16	
Week 3: 1/03/22	Chapter 6: Psychoanalytic Approach to Groups; Chapter 7: Adlerian Approach to Groups	<b>Group Creation Process Due</b>	2, 3, 9, 13	1/03/22
Week 4: 1/10/22	Chapter 8: Psychodrama in Groups; Chapter 9: Existential Approach to Groups	Psychoanalytic & Adlerian Group Presentations	2, 3, 9, 13	
Week 5: 1/17/22	Midterm Exam: Chapters 1-9			
Week 6: 1/24/22	Chapter 10: Person-Centered Approach to Groups; Chapter 11: Gestalt Approach to Groups	Psychodrama & Existential Group Presentations; <b>Counseling/Self-Help Report Due</b>	2, 3, 9, 13	1/24/22
Week 7: 1/31/22	Chapter 13: Cognitive-Behavioral Approach to Groups	Person-Centered & Gestalt Group Presentations;	2, 3, 9, 13	
Week 8: 2/07/22	Chapter 14: Rational Emotive Behavior Therapy Approach to Groups; Chapter	CBT & REBT Group Presentations; <b>Personal Philosophy Report Due</b>	2, 3, 9, 13	2/07/22

	15: Reality Therapy in Groups			
Week 9: 2/14/22	Chapter 16: Solution Focused Brief Therapy in Group	Reality & SFBT Group Presentations	2, 3, 9, 13	
Week 10: 2/21/22	Final Exam: Chapters 10-16			

### GRADING CRITERIA:

Final grades will be based on the midterm and final exams, group assignments, and written reports:

Assignments	Percentages
<b>Assignment #1:</b> Group creation process (topic development, screening interview, pre-group meeting, and leadership skills). Details will be given in first class session.	15%
<b>Assignment #2:</b> Attend counseling or self-help group and write paper about the experience. Details will be given in first class session.	15%
<b>Assignment #3:</b> Personal philosophy report with a detailed description of your theoretical approach to group counseling and why. Details will be given in first class session.	20%
<b>In-Class Group Experiential Assignments –</b> Integration of counseling theories (role play)	10%
<b>Midterm Exam:</b> Chapters 1-9 <b>Scantron required</b>	20%
<b>Final Exam:</b> Chapters 10-16 <b>Scantron required</b>	20%
<b>Total Possible</b>	<b>100%</b>

Graduate

92 – 100	A
82 – 91	B
72 – 81	C
62 – 71	D
Below 62	F

### GRADE NOTIFICATION AND INSTRUCTOR FEEDBACK:

Each assignment/exam submitted will be reviewed, graded, and return to the student in a timely manner, along with appropriate commentary.

Final grades are mailed approximately one week after the last day of the session to the student's address of record. Amberton University staff will not release grades over the phone. University instructors will not leave a message with comments or grades in any type of media that is not secure.

For questions regarding grades after the semester has ended, students should use their email account and contact the instructor at the faculty email address as provided above in *Professor Information* area.

### ***Incomplete Grades***

An "I" (incomplete grade) is given at the discretion of the professor and may be given only when an emergency or illness prevents the student from completing course requirements. Should an "I" be granted, the student has 30 days from the end of the session to complete the conditions of the incomplete. An "I" which is not properly removed within 30 days following the session enrolled will become an "F" grade.

### ***How to Withdraw from a Course***

To be official, the class withdrawal must be in writing and signed by the student requesting the withdrawal; no withdrawal is accepted verbally. Please review the "Schedule of Classes" (online or in-print) for procedures for class changes or withdrawals and the refund policy and schedule.

## **COURSE COMMUNICATIONS:**

This course is offered as a lecture course; however, several technological options are available to faculty and students that can enhance communication both during the session and after the session has ended. The **Student Portal** is the gateway to email, Remote Research, General Tools and Electronic Instructor Folders (FTP). The Student Portal may be accessed through a link on the University's website, <http://www.Amberton.edu>, or at <http://apps.Amberton.edu>.

After selecting the "Student Portal" link, you will be prompted for a Username and Password. Use your assigned **username and password** (AUID) as described below:

**Username** = your capitalized firstname **initial**+lastname+last 3 digits of your SSN.

\* Use your name exactly as it is listed on the University's records, including any suffixes or hyphenations, such as Jr, Sr, or II, as a part of your username.

For example: James Jones, Jr. SSN: 123-45-6789  
Username: JJonesJr789

**Password** = your Amberton University ID# (AUID) **including the dashes**

For example: 04-999-999

Once your login has been validated, you may select from a variety of menu options, including online course materials, email access, Remote Research, General Tools, all Syllabi, Research Tutorials and Electronic Instructor Folders (FTP).

## **Email Communication**

Each student enrolled is assigned an Amberton email account, which gives the student access to the Amberton email system ([my.Amberton.edu](mailto:my.Amberton.edu)). This email account is provided by Google Apps for Education. Students are encouraged to check their email regularly for university news, notices, and to communicate with instructors.

The student's assigned email address would be Username@my.Amberton.edu

Example: LJones-Smith789@my.Amberton.edu

The student Username is determined by:

firstname initial+lastname+last 3 digits of student ssn.

For example: Linda Jones-Smith SSN: 123-45-6789  
Email Address = LJones-Smith789@my.Amberton.edu

Students will be prompted for a Username and Password when accessing their email account. Use the Username portion of the email address as the username (Example: LJones-Smith789) and your Amberton ID# (including the dashes) as the password.

If you already have a Google gmail account, you might be prompted to add this account to your current settings. Click 'Yes' and you will be logged into your my.Amberton.edu email account. It will be a separate email account from your personal gmail account.

If you need assistance with your email account, please visit <https://support.google.com/mail>

### ***The Amberton University Moodle Website***

Students enrolled in this course will also be using the Moodle Learning Platform, with access available through the Student Portal or by going to: <http://moodle.Amberton.edu>

For those utilizing Moodle for the first time, the **username and password** for the Moodle Learning Platform will be emailed to the student's email account prior to the start of the course. For those returning to Moodle who do not remember their username and password, click on the link "*Forgotten your username or password*" available on the Moodle log in page (<http://moodle.Amberton.edu>). Otherwise use the same username and password as previous session.

### **Moodle Tutorial:**

Upon successful log in and access to the Moodle learning platform, there is a *Student Moodle Tutorials* course available, to learn about the basics of Moodle. Simply click on the link for the *Student Moodle Tutorials* and read through the various learning topics: Navigating; Communicating; Assignments & Exams; Grades; and Student Resources.

### **COURSE EVALUATION:**

Each session, all Amberton students are requested to evaluate their courses. The evaluation process is an important one and provides students with an anonymous and confidential way to give meaningful feedback to the University. Summary information and comments are provided to faculty after the close of the session. Students' identities are not disclosed.

Students will be notified through the Amberton email system of the Course Evaluation procedures. Usually, the evaluations take place in class during week 9 of the session. Please take advantage of this opportunity and participate in the evaluation process.

### **TEXAS EDUCATION AGENCY COMPETENCIES:**

This course addresses the School Counselor Competencies set forth by the Texas Education Agency. These competencies are listed by course on the University's ftp site ([ftp://ftp.amberton.edu/csinfo/AU\\_TEA](ftp://ftp.amberton.edu/csinfo/AU_TEA)).

### **RESEARCH RESOURCES:**

The library provides access to full-text, and peer reviewed articles, and digital research tools. Students can search Library holdings through the online catalog and databases search engines available on the library website or browse the physical library space and holdings located at the Garland campus.

Research items not contained in the Amberton Library collection can be located through interlibrary Loan (ILL) or through the TexShare program with the help of the library staff. Students with questions about available services, resources, or research, may contact the library via email at [Library@amberton.edu](mailto:Library@amberton.edu).

### **RESEARCH ACCESS:**

Databases can only be accessed by authorized users, and students at Amberton must enter their Amberton ID credentials-same as Moodle login-to gain access when off-campus. Use an Amberton website, such as the University site ([Amberton.edu](http://Amberton.edu)) or the library site ([Library.amberton.edu](http://Library.amberton.edu)) to find links to databased and digital books. Online resources are available all day, every day.

### ***Library Live Chat Feature***

Library staff are available to assist students with research problems or questions during Library hours through a live online chat feature, telephone, email, "How-to" videos, or in person. The library telephone is (972-279-6511 ext. 136, 137, or 138. You can email questions to [library@amberton.edu](mailto:library@amberton.edu) or visit the library in person on the Garland campus for assistance.

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